

Cinco Minutos Video

Vitor L. Massari, André Vidal

The 5 Second Rule Mel Robbins, 2017-02-28 Throughout your life, you've had parents, coaches, teachers, friends, and mentors who have pushed you to be better than your excuses and bigger than your fears. What if the secret to having the confidence and courage to enrich your life and work is simply knowing how to push yourself? Using the science habits, riveting stories and surprising facts from some of the most famous moments in history, art and business, Mel Robbins will explain the power of a push moment. Then, she'll give you one simple tool you can use to become your greatest self. It takes just five seconds to use this tool, and every time you do, you'll be in great company. More than 8 million people have watched Mel's TEDx Talk, and executives inside of the world's largest brands are using the tool to increase productivity, collaboration, and engagement. In *The 5 Second Rule*, you'll discover it takes just five seconds to: Become confident Break the habit of procrastination and self-doubt Beat fear and uncertainty Stop worrying and feel happier Share your ideas with courage *The 5 Second Rule* is a simple, one-size-fits-all solution for the one problem we all face—we hold ourselves back. The secret isn't knowing what to do—it's knowing how to make yourself do it. p.p1 {margin: 0.0px 0.0px 0.0px 0.0px; font: 12.0px Arial}

Social Media. Herramientas y Estrategias Empresariales Alberto Dotras, 2016-03-14 En este mundo de conexión total en el que estamos actualmente, no se entiende que una empresa, con independencia de su tamaño o sector de actividad, permanezca ausente de Internet en general y de los medios sociales en particular. Las redes sociales han pasado a formar parte de nuestras vidas como algo cotidiano. Por eso, cada vez son más las empresas que se apoyan en ellas para relacionarse con su público, trabajar su marca y proteger su reputación online. Sin embargo, pocas son las que tienen una estrategia definida al respecto y saben realmente cómo deben actuar en la Web social. Cada empresa, cada negocio y cada profesional tiene sus necesidades específicas pero, para todos, saber usar las redes sociales no es una opción, es una necesidad para prosperar, e incluso sobrevivir en este momento excepcional de la historia que nos está tocando vivir. Puedes sentirte afortunado, este libro te proporciona las claves para conocer esas nuevas reglas virtuales. A través de sus páginas te irás adentrando de una manera muy didáctica en los fundamentos del social media y finalmente descubrirás todos los secretos para triunfar en Facebook, Twitter, Instagram, YouTube y demás redes sociales.

Cinco Minutos Mas Wright Group, 1999-03-01

La docencia universitaria mediante el enfoque del aula invertida Jose Luis Medina Moya, 2017-02-10 Esta obra presenta

un enfoque de enseñanza universitaria cuya repercusión en la innovación en la educación superior y su potencial para la mejora de la enseñanza están todavía por explorar en nuestro país: the flipped classroom (el aula invertida). Este enfoque invierte la tradicional secuencia de actividades en la educación superior: enseñanza/estudio/evaluación, por la secuencia: estudio/evaluación/enseñanza. Supone un desplazamiento intencional al exterior de determinadas partes del contenido de las asignaturas de una titulación. A través de actividades guiadas y de determinados recursos tecnológicos más o menos sofisticados, se transfiere intencionalmente, fuera del aula, parte de la información que el profesor ha de transmitir con la finalidad de liberar tiempo de la clase para dedicarlo a actividades de aprendizaje en las que la presencia del docente es imprescindible. El libro está dirigido principalmente al profesorado universitario, ya que recoge ocho experiencias de aula inversa en diversos campos disciplinares de la educación superior. Pero más allá de este ámbito, cualquier educador interesado en la innovación y mejora de su práctica pedagógica encontrará aquí un buen modelo.

The Shut Up and Shoot Freelance Video Guide Anthony Q. Artis, 2012-12-11 The Shut Up and Shoot Freelance Video Guide is an easy-read crash course in the ins and outs and hundred little details of creating video works for hire. This ultra-friendly visual field guide for freelance videographers picks up where The Shut Up and Shoot Documentary Guide leaves off and gives you more detailed practical production strategies and solutions not found anywhere else on: * Marketing videos * Music Videos * Wedding videos * Music performance videos * Live event videos * Corporate videos...and more! Covering everything from dealing with clients, production strategies and step-by-step guidance on planning, shooting, lighting and recording the most common video-for-hire genres this book sets out to help you rise above the competition and make more money by doing quality work. Anthony Q. Artis will instill you with the down and dirty mindset that helps you to creatively maximize your limited resources regardless of your budget. Lavishly illustrated in full-color with real-world step-by-step visuals, The Shut Up and Shoot Freelance Video Guide is like a film school education in the form of a video cookbook. You don't need loads of money to make professional-looking videos - you need to get down and dirty! Includes access to a bonus Web site (www.focalpress.com/cw/artis) with: * Video and audio tutorials, useful forms, and case-study video projects from the book. * Crazy Phat Bonus Pages with Jump Start Charts, online Resources, Releases, Storyboards, Checklists, Equipment Guides and Shooting Procedures

The Daylight Gate Jeanette Winterson, 2013-10-01 "A gripping and grisly gothic tale" of Alice Nutter and the 17th century Pendle witch hunt by the Whitbread Award-winning author of *The Passion* (The Guardian, UK). England, 1612. Less than a decade after the infamous Gunpowder Plot nearly took his life, King James I is paranoid about conspirators and obsessed with heresy. Across the country, laws against Catholicism and witchery are fanatically enforced. On Good Friday, deep in the woods of Pendle Hill, a gathering of thirteen is interrupted by the local magistrate. Two of their coven have already been imprisoned for witchcraft and are awaiting trial, but those who remain are vouched for by the wealthy and

respected Alice Nutter. Shrouded in mystery and gifted with eternally youthful beauty, Alice is established in Lancashire society and insulated by her fortune. As those accused of witchcraft retreat into darkness, Alice stands alone as a realm-crosser, a conjurer of powers that will either destroy her or set her free.

La iglesia relevante Robert Barriger,2014-09-23 Robert Barriger es considerado un valioso punto de referencia para miles de pastores en Latinoamérica. Sin ninguna duda, el trabajo logrado por su iglesia le da autoridad para hablar sobre formas en las que una congregación de creyentes puede convertirse en una influencia relevante en su comunidad, incluyendo el establecimiento de programas médicos, políticos y familiares como muy pocas congregaciones de América. Barriger es el pastor principal de Camino de Vida en Lima, Perú, una de las iglesias de más impacto en el país y en todo Sudamérica. Esta iglesia ha llevado a cabo una serie de proyectos de valor cultural y de influencia gubernamental en servicio a la comunidad. Barriger es de California, pero hace muchos años hizo del Perú su casa donde vive con Su esposa, dos hijos y nietos. Su libro, La Iglesia Relevante, es una lectura sin duda requerida para cualquiera que quiere que su iglesia crezca en calidad como en cantidad y que busca que sea de un profundo impacto en la sociedad que la rodea.

Gestão Ágil de Produtos com Agile Think Business Framework Vitor L. Massari,André Vidal,2018-03-26 Este livro é voltado para a formação teórica e prática de profissionais que desejam exercer o papel de Product Owner e visa atender a dois propósitos bem definidos. O primeiro é estudar para a certificação EXIN - ASPO (Agile Scrum Product Owner). Aqui você encontra um guia oficial com informações e conceitos necessários para obter sucesso no exame, incluindo um simulado. O segundo propósito do livro é apresentar o Agile Think® Business Framework: um método passo a passo, especialmente desenhado para que o Product Owner consiga analisar e definir a estratégia mais adequada para gerar os resultados mais ajustados às necessidades do negócio. Este livro é indicado também para estudantes, professores, profissionais das áreas de gestão, governança, negócios e empreendedores que tenham interesse em aplicar nas suas atividades boas práticas de Gestão de Produtos e obter sucesso em seus empreendimentos pessoais. “Tem sido um prazer trabalhar com o Vitor Massari. Depois do projeto do Agile Scrum Master (ASM), lançamos mais um desafio: desenvolver um material de apoio aos profissionais interessados tanto no aspecto prático quanto na preparação para a certificação EXIN Agile Scrum Product Owner (ASPO). A ideia de termos uma dupla para o novo livro trouxe uma grata surpresa e mais um novo integrante neste time de experts no mercado nacional. André Vidal abraçou a causa e o resultado desta parceria é um material de altíssima qualidade e clareza onde os autores compartilham, com muita paixão, anos de conhecimento e experiência. Em nome do EXIN, registro mais uma vez os agradecimentos e a confiança da dupla e da Brasport!” Milena Andrade, EXIN

Conseguir el SÍ (y evitar el NO) en 5' Jordi Villar Lleonart,2019 El éxito de los vendedores depende de su conocimiento de los procesos automáticos de toma de decisiones y de su capacidad para influir en ellos. La venta depende del filtro que el cliente utilice para juzgar al vendedor y a su producto. En este libro aprenderás cómo funciona el cerebro de los clientes a la

hora de tomar decisiones, es decir, qué hace que un cliente tome una decisión u otra, y por qué a veces confía más en un vendedor que en otro; y qué decir, cómo y cuándo para condicionar esos automatismos mentales a tu favor y aumentar significativamente tus probabilidades de conseguir un sí.

PRESENT-ACCIÓN Casado Giménez, Fermí, 2016-11-06 ¿Qué mejor técnica para subir a un escenario que la utilizada por los actores desde hace miles de años? La oratoria es la forma de comunicación más próxima al hecho teatral, y eso me ha llevado a desarrollar una nueva forma de abordar la tarea. En este manual encontrarás los planteamientos, ideas y consejos más útiles para aplicar la técnica del actor a tus presentaciones. Aquí descubrirás: - Cómo mostrarte más seguro, creíble, convincente y profesional. / - Dónde poner tu atención para comunicarte de forma más viva, más espontánea y más humana. / - Lo que nadie te ha enseñado sobre las presentaciones en público. ¿Te vienes?

Cómo multiplicar tu ministerio Jonathan McKee, 2013-07-23 Cuando hablo con los líderes de jóvenes en los grandes eventos, veo la misma mirada en sus ojos. Es una mirada que dice: «Yo quiero hacer un evento así». Recibo llamadas telefónicas con regularidad de líderes de jóvenes de todo el país diciéndome: «Nunca hemos hecho algo así, pero quisiéramos hacer un gran evento evangelístico...» En un ochenta por ciento de los eventos a los que he ido a hablar cada año, pareciera como si el líder de jóvenes a cargo hubiera esperado un gran número de personas, pero solo llegó una cuarta parte de los que esperaba. El corazón está ahí y los motivos son puros, pero se queda corto en experiencia. Muchos líderes de jóvenes quisieran hacer esos monumentales eventos, solo si supieran cómo hacerlo. Ellos únicamente saben preparar sus eventos bajo experimentación. Necesitan recursos que no solo les enseñen lo básico en la programación de estos eventos, sino que además les brinden herramientas y ejemplos que en realidad funcionen. Este libro les ayudará a entender la mentalidad de este tipo de multitud y les proporcionará las herramientas para planificar programas efectivos de evangelismo. El libro les dará ejemplos de cómo NO HACER las cosas, al igual que les ofrecerá ideas listas para que los eventos funcionen. También les proveerá lo básico, como la importancia de diseñar alineando cada elemento con el propósito de los eventos. El blanco principal es todo líder de jóvenes que desea planificar programas semanales de evangelismo, grandes eventos o programas en los colegios. Una audiencia secundaria estaría integrada por líderes estudiantiles que desean aprender cómo organizar un club bíblico de veinte minutos durante el almuerzo dirigido a evangelizar. Los líderes de jóvenes serán los guardianes de esta audiencia, porque son ellos los que comprarían los libros para sus líderes estudiantiles.

Innovación Docente e Investigación en Educación y Ciencias Sociales: Nuevos Enfoques en la Metodología Docente África Martos Martínez, Ana Belén Barragán Martín, MARIA DEL CARMEN; SIMON MARQUEZ PEREZ-FUENTES (MA.), María del Mar Molero Jurado, María del Mar Simón Márquez, José Jesús Gázquez Linares, 2021-12-16

From Heart to Heart, 1997

Innovación docente: nuevos planteamientos Luisa Torres Barzabal, 2018-11-15 Este libro parte del convencimiento

de los beneficios y ventajas de conocer y compartir diferentes líneas de trabajo e investigación en materia de innovación docente, ya que las buenas prácticas en el aula sirven de inspiración y de referencia para otros docentes que deseen mejorar en algún sentido su actividad profesional. El objetivo fundamental de esta publicación es potenciar los procesos de innovación que el profesorado en educación superior pone en marcha en sus diversos campos, en torno a prácticas metodológicas concretas. En este sentido, se muestran diferentes experiencias de innovación docente universitarias, con el propósito de dar a conocer a toda la comunidad educativa, y a la sociedad en general, nuevos planteamientos metodológicos. La obra será especialmente útil al profesorado universitario, así como a técnicos e investigadores de la educación, con el deseo de que dichas innovaciones motiven y orienten a otras prácticas educativas, y aporten calidad y grandeza a la institución universitaria.

Inglés, Internet y Pizarra Digital ,

Nuevas herramientas metodológicas para el fortalecimiento de las competencias en derecho ,2023-12-11

The Focal Easy Guide to Final Cut Pro 7 Rick Young,2012-08-06 Rick Young's Easy Guide to Final Cut Pro 7 is the ultimate guide to getting up and running with Apple's professional editing software. Full of information relevant to both new users and professionals, this book wastes no time in teaching all the vital knowledge needed to edit your project from start to finish using Final Cut Pro. All the key features and essential techniques are presented in this easy to understand, full-color book. When time is of the essence, less is more. Learn invaluable workflow tips which show you how to tap into the full power of Final Cut Pro, whichever version of the program you are using. All the essential areas are covered: System Set-up, Capture, Editing, Audio Mixing, Effects, Output, Media, Management, and more. This latest edition also features new sections specific to Final Cut Pro 7, including expanded ProRes support, improved markers, global transitions, alpha transitions, automatic transfer of file-based media to hard drive, and easy export to DVD, Blu-Ray, iPod, iPhone, and Apple TV. Praised by industry professionals, educators, and independent filmmakers, the Easy Guide to Final Cut Pro has earned a solid reputation as being the absolute best book on the market for those wishing to get up to speed with Final Cut Pro quickly.

Matemática 11 Instituto Guatemalteco de Educación Radiofónica- IGER, Instituto Guatemalteco de Educación Radiofónica, IGER. Es una obra producida por el Departamento de Redacción y Diseño, para el Instituto Guatemalteco de Educación Radiofónica, IGER. 11 avenida 18-45, Ciudad Nueva, zona 2 Ciudad de Guatemala. PBX: 2305 1010

Historias de Miedo del Internet y más Nate del Valle ,Blake Aguilar,2021-08-30 ¿Te gustaría descubrir los relatos más espeluznantes que se han compartido en los lugares más oscuros del internet? Entonces sigue leyendo.. “Se encuentra frente al gran misterio... Al que hace temblar a la humanidad desde su origen: lo desconocido.” - Gastón Leroux. Desde la antigüedad, las historias de terror -cuentos de situaciones inexplicables o encuentros con entidades que regresan de entre

los muertos para rondar los lugares que dejaron atrás- han ocupado un lugar destacado en el folclore de muchas culturas de todo el mundo. Un rico subgrupo de estos relatos se refiere a personajes históricos que van desde reinas y políticos hasta escritores y gánsteres, muchos de los cuales tuvieron una muerte temprana, violenta o misteriosa. Creepypasta es un término utilizado en el internet para unas historias cortas diseñadas para perturbar, poner nerviosas a las personas y provocar una respuesta emocional fuerte y así asustar al lector. Las creepypastas pueden ser leyendas escritas o incluso imágenes de terror que han sido copiadas y pegadas por todo el internet. Estas entradas de internet suelen ser breves, generadas por el usuario y suelen ser historias que tratan de fantasmas o alienígenas con la intención de asustar a los lectores. En este libro descubrirás: -Una colección de creepypastas que no te dejarán dormir con las luces apagadas. -Un vistazo rápido a las primeras creepypastas que impulsaron este fenómeno. -Casos verídicos de encuentros con entidades malignas del más allá. - Explorando los lugares más embrujados de la tierra. -Macabras historias que se han dejado de contar en internet hoy en día. - Creepypastas que tienen sus orígenes en hechos reales. -Y mucho más.. Adelante, lector, atrévete a leer estas páginas y a permanecer incrédulo.. ¡Haz clic en comprar ya y descubre cuáles son estos terroríficos relatos!

Historias Terroríficas de Internet Bill Morton, 2023-02-09 ¿Qué distingue a un creepypasta de una simple historia de terror? ¿Cuál es el origen de las creepypastas? ¿Disfrutas de un buen relato escalofriante? Entonces sigue leyendo... "Creemos que existe un límite en el miedo. Sin embargo, sólo es así hasta que nos encontramos con lo desconocido. Todos disponemos de cantidades ilimitadas de terror."- Peter Hoeg Es bien sabido que la actividad de contar historias de terror hace parte de la naturaleza humana, a veces como entretenimiento o incluso para dar lecciones a niños desobedientes. Internet ha facilitado mucho las cosas, para bien y para mal. De la misma manera que podemos obtener información útil sobre cómo preparar una receta o ver vídeos de lindos gatitos, también podemos estremecernos con historias de miedo: los creepypastas. Los primeros creepypastas se escribían de forma anónima, y eran textos que, o bien se publicaban rutinariamente en diferentes páginas web, o bien eran compartidas por correo electrónico. En este libro, descubrirás: Todo sobre el origen de los creepypastas. Conoce las leyendas que abundan en el internet. Descubre cuáles son las historias verdaderas o que inspiraron un creepypasta. Consejos para crear tu propia historia. Conoce los creepypastas más conocidos a lo largo de la historia del internet. Y mucho más... Muchos de los primeros creepypastas consistían en rituales, anécdotas personales y leyendas en torno a videojuegos, series de televisión o imágenes malditas. Los primeros creepypastas tenían que tener como elementos esenciales credibilidad y realismo, aunque, claro está, incorporándose algo sobrenatural o tétrico. Tras aparecer el término en 4chan, durante los últimos años de los 2000 y en la década siguiente el género tomó una forma más definida, ganando muchísima popularidad e, incluso, influyendo más allá del Internet. ¿Te animas a descubrir más sobre las creepypastas? ¡No esperes más! También te puedes inspirar para crear uno propio ¡Desplaza hacia arriba y añade al carrito de compra ahora mismo!

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